

# What Do I Do Now?

1999-05-14

- 1999-0514-001 Beloved and holy and only child of our Heavenly Father, Child of the one Source, Child of light divine. That is who you are. Take it deeply within the consciousness and contemplate what that means. I am the one known as Jeshua ben Joseph -- Jesus, you have called me -- and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to call me forth. Radiant joy of the Father. That is who and what you are. That is your divine nature and it is time now for you as the collective, you as the holy child, have decreed that it is time to remember and to come Home.
- 1999-0514-002 To live, yes, in this reality but to live your Reality as the Christ. To understand what the Christ means. To feel it, to experience it and to live it to its fullest. No longer having to hold your light under a bushel because it could possibly not be safe to express all of the light which you are. It is time now to come into the fullness and the remembrance of who you are and what you are as the Christ.
- 1999-0514-003 For I am the Christ, yes. That has been a designation to me and it is the truth of my being, but you also are the Christ and it is the truth of your being and it is time now that you began to claim it, to feel it, to experience it and to walk in the shoes of the Christ to come up higher in all of the understanding and perception of everything that you see before you.
- 1999-0514-004 We have been speaking in the times when we have met in this way in previous times, for almost in your reckoning of time, a year. Speaking of the interdimensional Self, the holy Self. We have spoken how it is most wonderful miracle that you do of bringing focus of attention to a reality -- with a small "r". A reality of a lifetime of a personality, individuality focusing so completely upon that individuality that for lifetimes you have said, "This is all there is. This is me and I look upon a brother or a sister and that is who they are and that is all there is."
- 1999-0514-005 It is a miracle that you do in focusing so specifically in knowing intimately the creation of this reality to the exclusion of the matrix of You, to the exclusion of the remembrance of all that you are. But you have set in the most divine wisdom of the holy Child, a time when you will begin to remember that I am in this world, yes. I am an individual. I am a personality. I have a body. I have a life, but there is more than that. I don't really know what it is but I know deep within me that there is more and I want to know now what that "more" is.
- 1999-0514-006 You, in your divine wisdom as the holy Child, you set a certain time for yourself for a wake up call and that is what has been going off now for you. It is a certain wake up call deep within the soul of you that is saying, "It is time now to

arise up and return once again unto the Father's house. To return once again to the love, the Allness, the Christ, if you will, of my being."

- 1999-0514-007 The holy Child of the Father, that is you, is one. One energy. One life. One mind. In Truth, a great wave of consciousness, divine ultimate consciousness out of which you draw the individual consciousness. Out of which you draw the energy of individuality. Out of which you draw the focus of specific lifetimes. It is as you would understand the matrix of you is as an ocean. A vast ocean. More vast than human mind can conceive. For indeed there is no beginning and no end. But it is as a vast ocean and you have seen yourself throughout many lifetimes as a drop of water, an individuality, individualized energy, if you will, as a drop of water and you have defined yourself within a certain boundary as a drop of water. And yet what happens when you place a drop of water into the ocean? It becomes one again with the ocean does it not? And the boundary is lost, gone.
- 1999-0514-008 The interdimensional Self of you is the Self that is not focused upon a dimension. It is the true Self, the Real -- with a capital "R" -- Self of you. Interdimensional Self can be accessed through the beholder, through the willingness to stand as the beholder in any situation, in any circumstance in any time. To breathe, we have spoken so many times of the importance of the breath upon this plane, this plane of physicality, the breath is the connecting link to the Allness of you.
- 1999-0514-009 What is the first thing that the small infant does when it claims and individualized life? It is to breathe. On this plane that is the connecting link, if you will. And when you will want to put yourself into the space of the interdimensional Self, the whole You, the whole Self, allow yourself on the human level to breathe, to take a deep breath. It is as a magic that you provide for yourself. For it provides opportunity of expansion. It provides opportunity of peace. It provides opportunity for a new perspective.
- 1999-0514-010 For you have experienced how it feels to get caught up in certain activity of confusion, of sorrow perhaps, possibility of something tragic happening. You have felt the energy of anger and what happens in a time where you are caught up in confusion, great sorrow, anger? Is that you? Hold the breath. You stop breathing. You keep yourself in a constricted limited state both physically and also in the mental/emotional area.
- 1999-0514-011 So when you will want to have a new perspective on anything that confronts you, breathe first of all. We have spoken how you have a most wonderful technique that you recommend to ones when you are angry, to count to ten before you say anything. To count slowly to ten and the reasoning, the divine reasoning behind all of this is that hopefully somewhere in the counting to ten slowly, you will pause for a breath and it will give you opportunity for new perspective, expanded wisdom.

- 1999-0514-012 Now it doesn't work so well if you count to ten rapid fire, because then you are holding focus of what you had when you started with the number one. But if you will allow yourself the space of number of ten and to breathe, preferably to breathe on each number, imagine that. Why heaven's to Betsy, if I do that whoever is confronting me why they will be off on to two or three paragraphs and what I was going to say to them at that moment, it will be lost.
- 1999-0514-013 You have within a certain collective societal understanding or misunderstanding that you will lose power if you do no jump in very fast and respond. The truth is you lose the power of the divinity and the power of the beholder in jumping in so rapidly. Better to breathe and to allow whoever is confronting you with an opportunity for more wisdom, to allow them to go three or four paragraphs further on and then for you to say quite quietly the wisdom that has come to you along with those ten deep breaths.
- 1999-0514-014 You know the peace. You know the divinity that comes with the deep breath. You know the wealth and treasure and the power that can be tamed in quiet. For in truth you have been master teachers many times, many lifetimes where students have come to you, disciples, if you will, they have come and they have asked you as the wise person of the village, as the wise person of the religious/philosophical order, the wise person of the community. They have come to you and they have asked the question and you have sat and you have breathed, and you have sat and you have breathed. And the student at first has had opportunity to go through all of the impatience, all of the issues that have come up because the wise master has not yet responded to my question.
- 1999-0514-015 And after awhile the student has had opportunity then to come to a place of peace within himself/herself and then you as the wise teacher perhaps have opened the mouth and spoken or perhaps the answer came in the silence to the student and did not have to be verbalized at all.
- 1999-0514-016 You know what power there is in silence and it is time now to claim that power as the Christ once again. Not to rush through your life but to take time to appreciate every moment. To open the eyes wide and to look around and to behold the beauty and to appreciate the beauty of a friend, of a tree, of a beloved pet, a flower, of a sunset or a sunrise. To breathe deeply of the treasures you, as the holy Child have created for yourself, the gifting that you give to yourself.
- 1999-0514-017 Not to rush through life missing what you have placed there along the wayside to be enjoyed, but to allow yourself to breathe, to behold the beauty and then to step back even from the beauty of the creation and to ask of yourself, "Who has created this beauty? Who has set into motion the most wonderful process of the growing of the plants, the flowers, the fruits, the vegetables that come in their season? Who has set this process in motion?" And I guarantee to you if you spend

some time abiding in that space you will come to a very great understanding of the Christ which walks this earth. And I do not mean me. I mean you.

- 1999-0514-018 There has come along with the wake up call a certain willingness to release specific focus. Not to be so tightly tied into the life and its activities of this lifetime, not to wrestle so tightly with all of the issues. There has come a certain gifting of willingness, a grace if you will, that says, "I can allow. I can allow space for myself. Nurturance of self. I can allow space for others to grow, to be nurtured, to be loved, to make their own choices and decisions." This concept, this willingness of allowing is relatively new in your linear history. For there has been much of power, worldly power, much of control that has been a thread throughout the reality of this dimension as you see linear time and linear reality.
- 1999-0514-019 But the holy Child now is coming to a time of awakening and a time of willingness, a time of seeking, a time of questioning, a time of allowing, a blessed time if you will. The separated ego, the ego that is specifically attached to individuality and feels itself to be separate from everyone else, separate from the Father, separate from the process of creation, the separated ego has had its day many, many lifetimes. It has been the controlling voice down through many ages and the specific identification with the physical body has been a great motivating factor that has said, "I am separate for after all the body looks to be separate, one from another." And the body with its specific focus of attention and identification has called out to be saved at all costs. And the separated ego has said to you most intensely, "You must save your creation. You must save the body because if the body is destroyed where will you be?"
- 1999-0514-020 Well in truth you will be where you always have been, in the embrace of the Father. You will be in the sea of love, the matrix of the truth of your being. But the body has cried out and the specific identification with the body has spoken to you quite intensely that you must do everything in your power to save it and this meant not allowing others their choices because those choices might possibly be a threat to the saving of your body. So down through many, many ages there has been a focus born of the belief in separation, born of a belief that you had to save your self -- with a small "s" -- and to do anything to save that self.
- 1999-0514-021 But there has come quietly at first, the still small voice within speaking that perhaps there is more. Perhaps there has to be more than just a lifetime of one day after another of existing and of taking care of the body and looking out for the body and for any possible threat. And you began to search your ancient writings. You began to question the wise ones in the village, in the community, in the religious philosophical orders. You began to ask, "Tell me. There must be something more." You have a clue. You have gone asking. And with that has come a certain expansion, a certain allowance which is coming now to grow stronger and stronger, a certain claiming of the power of the Christ that says, "I am strong enough as the holy one which I am, to allow you your choices and your decisions.

For I do not have to worry about what your decisions are going to be as a threat to me. For in truth I am coming into the remembrance of who I am as the Christ and nothing and no one can threaten the Christ."

1999-0514-022 Do you see what a great leap this is? It has come slowly as you measure time. It has come as the certain peeling away of the onion skin, layer by layer, but it is most powerful perception, a most powerful leap of faith if you will, a leap of understanding, a leap of remembrance. Where you are allowing now yourself to say, "I know specific individuality. I am," and you identify that by your name, "and I am" and you identify yourself by your career, your profession, where you work, what you do as daily activity. "I am from such and such a family. I am from such and such a geographical location. I have a certain history," but all the while the still small voice within you is saying more and more loudly, "I am all this and more."

1999-0514-023 You have moving now into a most wonderful place of knowing that you are in the world but not of the world, that in truth the world is of your making and you are moving into the space of being okay with that. That again is a great leap in the perception for at first when you were told that you were the maker of your reality -- with a small "r" -- you said, "Oh no. I don't want that because I see too much wrong in my reality. If this is what I have made I don't want to claim it. I want to know perfection. I want to know beauty, holiness. I want to know love and I don't see that around me. I everyday I come up again certain issues and events and circumstances that speak to me of that which is other than love." But in truth you are the maker of your world and in truth even your creation of the world is beautiful and perfect and there will come, shortly now, it is happening. It is being processed because you believe in process of time. It is in process of transformation where you will look upon what you had judged previously to be most wrong with the world and you will say, "But I know there is a bit of light in there somewhere." And you will look for it. And as you look for it you will find it. And as you find a bit of light it sheds light on everything else and before you know it, you begin to understand the divine dance that everything and everyone does with one another.

1999-0514-024 You are moving now into a most wonderful place of expanded understanding, a place where you can be in the world with your focus upon individuality and yet claim as the beholder a divinity of Self. At one moment you can see all of the events, the conversation, everything that is happening and yet in the next second you can be removed from it just slightly to the place you are as the beholder and you watch everything that is happening how it interweaves and you see how you interact with it and yet you as the divine beholder, you are standing perhaps right here above your shoulder watching, participating and watching at the same time.

- 1999-0514-025 And the separated ego when you first start to do this and I speak to all of you because you have experienced this, and all of you here in this room and those within the sound of my voice, you know the feeling of being the beholder and yet the participant and you know the voice of separated ego that says, "Oh, oh. I'm losing it. What is this new feeling? How do I integrate all of this and keep my sanity?" Well in truth in order to know your divinity and the sanity of your divinity, it is to lose some of the sanity which you have claimed as a reality in the world and to transform it, replace it with an expanded sanity that comes from the place of the interdimensional Self, the holy You, the matrix of you, the beholder.
- 1999-0514-026 Many times in your histories, many times even in this lifetime you have found yourself caught up in circumstances and in questions. Many times where there have been events that seemed too big to be understood. Sometimes events and happenings that you as the individualized self did not want to experience, times when you felt lost and yet you were so caught up in the possibility of loss that you couldn't see anything else beyond that. And you cried out to the Father, you cried out to me and to the other masters and teachers and the angels, your guides, your teachers. You cried out and you said, "Is there anyone else out there? Please, I need some help here!" I have heard you. You have cried out and you have said, "What do I do now? What, O Lord, Father, Jesus, what do I do now?"
- 1999-0514-027 And in that moment it was a most blessed moment for you saw that all of the old belief system was not serving you to the place of holiness. It was not serving you into a place of peace which is why you felt such pain, such confusion, such sorrow. In that moment of crying out, "What do I do now?" The holy Self of you was having an opportunity to open a window of a new perception, a new expanded understanding even in the midst of constriction.
- 1999-0514-028 So when issues and problems come to you in great intensity, when you feel all that the world has to offer is coming crashing down upon the head and that everything you have hoped would not happen is happening, breathe, first of all. Allow yourself then to claim the divinity of the beholder and step into the place of the beholder and know that there is gifting even in the most constrictive situations. That is the first step.
- 1999-0514-029 For as you are willing to entertain the idea, the thought, the concept even, that there could be something beyond what you are experiencing in that moment. Your prayer will be answered, what do I do now? Is a most wonderful prayer. For as you ask that question, and as you will breathe and make space for the answer, the answer will come out of the anguish of the small self comes the wisdom of the holy Self.



- 1999-0514-030 That is what I wish to speak with you in this evening about: What do I do now? A most powerful pivotal place, if you will. You have all been there. You have been at the place where everything you have tried has not quite been enough. Everything that has been taught to you by society, by the family, by the peers, everything that has been said to be a truth -- with a small "t" -- you have called all of that into play and some of it perhaps has helped but it has not fulfilled, it has not transformed that which you are experiencing. What do I do now? When everything I believed in is not enough? And you feel alone, bereft. It is the most wonderful time if you will.
- 1999-0514-031 We have spoken in other times of the symbolism of your language and how wonderful your language is for in truth you give to yourself a clue when you are feeling most alone. It is the holiest of places for in truth "alone" if you will receive it, translates as "all one." When you are feeling alone allow yourself to say, "Ah ha, now I know I am all One. I am not alone as the separated ego would suggest to me. For I am all One with the unseen and the seen as well." And to call in that moment, as I know you have, upon the angels and the loved ones, all of the love, the presence of love around you, all of the divine wisdom that forever envelopes you and to call and to claim oneness, all one, most powerful place to be.
- 1999-0514-032 When you feel that everything has deserted you, abandoned you, everyone whom you thought would be there forever for you, seemingly has left. And I use the word, "seemingly" because in truth they have not left. That is a most powerful time, the time of aloneness, the time of all oneness. It is a gifting if you will, a catalyst to remember the truth that never can you be separate from loved ones, ones whom you have known in a certain lifetime, oneness whom you have known in other lifetimes. Where are they? Right here.
- 1999-0514-033 For in truth you are much more than the body. We have spoken of this many times. In truth you are the one Mind, intelligence if you will, unlimited, unbounded and all of the Isness which is you, is part and parcel of wholeness. And the ones with whom you have played where do they go? No where away from you. They cannot. The focus of attention as far as activating the body maybe changed. In other words, they may release the body but the Isness and the individuality which you have known, abides forever and can be communed with, can be accessed, can be right there as one with you.
- 1999-0514-034 Now, it takes a certain willingness on your part to trust, to practice and to discipline. For the separated ego is going to say, "Who are you fooling? You don't see them. They are not here." And yet there is a knowing, a feeling of presence. As you call them to mind you can hear their voice, you can hear their laughter, you can hear certain things about them that they have said. Of course, because again that is not lost.

- 1999-0514-035 You have a concept even in this day and time which is called the akashic records. It means the whole history of a soul as you have come through all of the lifetimes of experience not only here but in other dimension and other realities. It is never lost and the individuality is not lost. Very much alive and well.
- 1999-0514-036 But there has been in the collective understanding a certain agreement that you will pull a blindfold over the eyes and you will say, "Well if I don't see it with the physical eyes it doesn't exist." Well I ask of you, do you see the wind as it goes by. You see the effect of wind but do you see the wind? And yet the wind exists. Yes? The Christ presence, the presence of love, the presence of individuality is as the wind. It is very much real. In truth more real than the wind because the wind is upon this dimension.
- 1999-0514-037 As you allow yourself even in that time of asking, "What do I do now?" As you will allow most wonderful space you are moving into, yourself to be the beholder. There is a certain sensing of peace that comes. The Christ of you is a flow of energy. The Christ of you is a flow of Isness, of Being. In truth it cannot be bottled up. It cannot be constricted. It is as a stream of water. Have you watched water? And if it comes to a certain place where there is a log across the stream, a dam if you will, what does the water do? It seeks a way around, a way under, always it will be flowing. It will make a trickle here and a trickle which grows wider and wider. It has to express, it has to flow.
- 1999-0514-038 The Christ of you is an Isness that will not be denied. It cannot be held back and you are coming now into a place where you are making all of the most wonderful catalysts for the remembrance and claiming of the Christ which you are. And the gifting, the most wonderful gift, the surprises that come along the way. Surprises that you would not even have imagined perhaps a year ago in your timing. And here they are, a most wonderful treasure. An opening, if you will, of expanded awareness of Self, the interdimensional Self and communication with that Self.
- 1999-0514-039 What do I do now? You breathe. You move into the space of the beholder and you smile. You smile the radiant smile of the Christ and you claim the freedom of the Christ and the joy of being that comes with that freedom. For the Christ cannot be denied. The Christ cannot be held back. That as in the words of a beloved brother, is your hope of glory. The Christ cannot be denied. The Christ is the glory of you. Much more than what you have ever suspected could be, the You of you.
- 1999-0514-040 For you have defined yourself in very small terms. It has been seen to be necessary throughout many lifetimes that you be small in order to protect that which you said is you, your creation the body. And you have made yourself small so that you wouldn't be threatened by a power outside of you, by someone else that you perceive to have a little bit more power. And so it has served you well in the lineage of time to see yourself small.



- 1999-0514-041 In other words, it is part of the divine plan that you set into motion. But it is also part of the divine plan that you will now begin to see yourself as very, very large, Christlike if you will. You will begin to say, "I am the smallness that I have identified with and there is quality in small packages. But I am now moving into a claiming of the largeness of me. I am going to see what it feels like to breathe as the Christ. What do I do now? I begin to live as the Christ. That is what I do now. That is what you are being called upon to do.
- 1999-0514-042 This message that we have together in this time this evening is a most important message and it is not by accident that you are here and it is not by accident that you are within the sound of my voice. For this message in this evening is a pivotal one. It is one which you have asked me to verbalize and to speak in this manner. For the time is now. For you to ask of yourself, "What do I do now? I have done it all. In truth, on this plane, this dimension, this reality I have done it all. I have been the warrior, I have been the slave. I have been the king, the queen. I have been the lowliest peasant. I have been the wisest one, the teacher, the rabbi. I have been the village fool. I have played every part. I have been the greatest of lovers and I have lived the life of feeling unloved. I know all of the nuances of every part in every role. What do I do now? What is left for me to do now?"
- 1999-0514-043 Well I will tell you and it is most wonderful. It is to begin to live as the Christ. To breathe as the Christ. To radiate as the Christ. To feel the Christ in every cell of the body. To ask of yourself, "How would the Christ walk this plane? How would the Christ act in a certain situation? How would it feel to be Christ?" And when the separated ego says, "Oh, come on now. That is too big a role for you. You can only play the understudy but you can't play the role." You tell the separated ego that it is time for it to get off the stage. Or, "I am going to try a new role now. I have worshipped the Christ long enough. I have been the understudy who thought the Christ was most wonderful but I couldn't play that role."
- 1999-0514-044 Now you are going to be center stage as the Christ and it is time to claim all that the Christ is, all that you ever have understood Christ to be and more. To be fearless. For when you are living in the space of the beholder in the space of love, there is nothing to fear. There is nothing that can threaten the holy Self of you.
- 1999-0514-045 Therefore, you can afford to be fearless. And I will share with you that there is a most wonderful miracle that happens for when you are willing to be fearless not matter what happens and you do not attend to the voice of separated ego or the voice of the body that cries out, "Oh my God, please save me!" A most wonderful miracle happens and you find that you are the power of life which transforms everything that you experience and you know that you are the power, the creative power that brings forth all manifest form including the body and

that nothing can touch your holy body or the physical body unless you give it permission. In other words, unless you make a choice.

- 1999-0514-046 It is time now to choose what will I do now? And to begin to live the joyful life. To begin to know love in its fullness. You have tasted of love. The love of a mate. The love of friends. The love that you have with the beloved pets, the love that you have for all of the beauty around you. You have tasted of love and you know how wonderful it feels to be in love. How alive you feel in love. A most blessed state and it is the true state of your being.
- 1999-0514-047 I ask you now to move into the space of claiming the Christ of your being, to live with me the radiance of the Christ. To come alive in that radiance. To come alive in that truth. To smile fearlessly at everyone because in truth you know who they are. They may not know who they are but you know who they are and you love that which they are. You love the Christ of them and they are the most wonderful beings.
- 1999-0514-048 And you may find yourself sitting with one and they are feeling so small about themselves and you find yourself smiling at them because you see them as the Christ, as the Christ light even from the eyes you can see the Christ light and you find yourself smiling at them because you see the beauty and they look at you and they say, "Why are you smiling that way? What do you see? Have you lost your marbles?" And you say, "Yes, I have given them all away. For in truth I love that which you are."
- 1999-0514-049 You are a most wonderful being. Every time I come and I speak with you I behold the radiance of you. I behold how wonderful you are. Before I speak with you in the words which you hear as sounds, I speak with you in your heart. I am here always in this room even before I speak with you this way. I am with you in your vehicles as you travel. I am with you in your dwelling place, in the physical dwelling place and also the dwelling place of the heart and I love you. I love that which you are. I love the dance which you are doing in your awakening. It is a most wonderful awesome dance that you are doing.
- 1999-0514-050 As you allow yourself to move into that space of the beholder, you will see more and more clearly the interconnectedness of all of the participants in the dance. And you will come to a place where you will see no longer individuality, but you will see as streams of energy, most wonderful streamers, colored streamers perhaps and how they interweave with each other and flow. And you will behold the holy Child in its awakening and you will love the holy Child which is you.
- 1999-0514-051 What do I do now? You move into the next step. You move into claiming the Christ which you are. You come totally alive and everything that you touch from this moment on is transformed. Every hug which you give is a healing hug. Know you the power of a hug? From now on you will recognize the power, the healing power in such a thing as a hug. From now on the Christ which you are bringing into vital

expression, vibrant expression you will know the healing power of the twinkle of an eye. You will know the healing power of the smile. You will know the healing power of the Christ alive on this plane. It is time.

1999-0514-052 I invite you to walk vibrantly alive as the Christ which we are. I invite you to consciously commune with me and to walk hand in hand, heart in heart as one from this moment forward and to know that truly the Christ expresses through you every time you speak, every time you touch, every time you hold another one in prayer and in love. For that is where I hold you, in love as the one Christ which we are.

1999-0514-053 So be it.